

## **Gaeta Fleet & Family Support Center Monthly Events**



## Website: www.nsa.naples.navy.mil/gaetaffsc

monday	tuesday	wednesday	thursday	friday
A Comment	19 February, Zangrillo Enjoy a walk through a traditional cold pi for 10 mil per liter so be sure to	O Olive Oil Factory Tour ress oil factory. The olive oil can be purch bring your empty bottles or containers.	ased	1
4	5 Windshield Tour	6	7	8
	Employment Opportunities in Gaeta Intercultural Relations (LATINA)	Trip to Rome/ICR (LATINA)	Raising a Responsible Child	
11	12 Windshield Tour	13 Intro to Computers Intercultural Relations	14 FFSC BABY SHOWER Trip to Rome/ICR	15 Area Orientation Split Mountain Tour
Transition Assistance Program	Transition Assistance Program Stress Management	Transition Assistance Program	Transition Assistance Program Raising a Responsible Child	Transition Assistance Program Prevention & Relationship Enhancement Program
18	19 Windshield Tour  Zangrillo Olive Factory Tour  Budgeting for Baby	20 Managing Your Credit Smooth Move Intro to Windows	21 Married to the Military Raising a Responsible Child Expectant Dad's Class	Italian Cooking Class
25	26 Windshield Tour Community CPR Employment Opportunities in Gaeta	27 Let's Go Shopping	28 Raising a Responsible Child Sponsorship Training	Prevention & Relationship Enhancement Program  Happy
Com	mand Financia	l Specialist Tra	ining	



11, 12, 13, 14, 15 Pre-retirement Transition Assistance Program/TAP (0800 1600) Assists separating military members in developing jobsearch skills. Computer Lab Reserved for TAP class this week.



28 Sponsorship training ( 0900 1000) For volunteers and assigned sponsors. Learn how to make a newcomer start out right



5,26 (0900-1100) Employment Opportunities in Gaeta This class covers all local employment and volunteer opportunities.



20 Smooth Move (0900 1200) Learn about your moving allowances, household goods and utility closeout.



6 Intercultural Relations/ ICR in Latina (0830 1600) This classroom session covers Italian language, history, culture, customs, and shopping.



Trip to Rome/ICR from Latina 1730) This transportation oriented field trip is open to all those who have attended an ICR classroom session.



13 Intercultural Relations/ ICR (0830 1600) This classroom session covers Italian language, history, culture, customs, and shopping.



14 Trip to Rome/ICR (0800 1730) This transportation oriented field trip is open to all those who have attended an ICR classroom session.



15 Area Orientation (0830-1200) Learn everything you need to know about setting up your home on the economy.



15 SPLIT MOUNTAIN TOUR - 2:30 -4:00 pm - Meet on the Hill outside the post Office.



27 Let's go shopping 9:00-10:30 am Meet at the bottom of the Hill near Cafe' Chiar di Luna



5,12,19,26, Windshield Tour (1330-1530) Tour includes sites in the Formia & Gaeta areas. Please call to reserve a space available seat after 0900.



22 Italian Cooking Class (0930alian 1330) Enjoy, while learning how to ooking prepare delicious Italian recipes at the IPSSAR Cooking School in Gianola, Formia. Fee of 25.000 Lire is to be paid upon registration.



## 25,26,27,28,1 Command Financial Specialist Training

Offered to service members who will be assigned this collateral duty as outlined in OPNAVINST 1740.5. Class will be conducted by a Mobile Training Team in classroom #4



7,14, 21, 28 Raising a Responsible Child (1000-1130) - Learn the techniques to help raise children to be happy and responsible adults. Keep peace and harmony in the home while raising responsible children.



20, Managing Your Credit (1000-11000 - Learn the basic skills and techniques of managing your credit, and what you should be aware of with credit cards and loans.



15,22, Prevention & Relationship Enhancement Program (1800-1930) Learn effective communication skills; and how to add fun into your friendship and intimacy.



19, Zangrillo Olive Oil Factory tour (1000-1200) - Enjoy a walk through a traditional cold press oil factory. The olive oil can be purchased for 10 mil per liter so be sure to bring your empty bottles or containers.



21 Married to the Military (0900-Whether you are anew or 1230) experienced Navy spouse, this class can

be beneficial. You will learn about military acronyms, military pay/allowances, family support services and other services available to you.



13, Intro to Computers (0900-1500) Learn about hardware and software fundamentals



12 Stress Management (1400-1600) Learn essential tips for making your tour a stress free one.



20 Intro to Windows (0900-1500) This class provides an introduction to the world of Windows and its possibilities.



19 Budgeting for Baby (0900-1130) Please bring a copy of a current LES in order to prepare a budget. At the end of the class you will receive a baby layette

containing a \$100 dollars worth of items.



21 Expectant Dad's Class (0930-1130) Join us and other dads as we learn about all the phases during the labor & delivery process.



14, FFSC Baby Shower (1300-1430) Join us and other expectant moms as we welcome a new baby into the community.



26, Community CPR (0900-1500) -This American Red Cross class cover Infant, Child and Adult CPR.



To sign up for classes call 0771-709818 or come to visit us!